

"He came to set you free"

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Author's Note

God's way is truth. It is important to remember, that telling one lie, instantly opens the door to Satan the father of lies and will most certainly set you up for another lie. There is no way we can claim to be living godly lives when we lie. Lies contradict what God says, they are untruths. God is the Truth and every word He speaks is true, He has no ability to lie.

St. Thomas Aquinas wrote: "Faith is certain. It is more certain than all human knowledge because it is founded on the very word of God who cannot lie." (CCC157). Satan can hold God's people captive if they believe his lies. He caused Adam and Eve to give up their inheritance, their kingship on the earth, just by

convincing them to believe a lie. The lie is what holds us captive and we need to defeat the lie with the TRUTH. Jesus said: "if you abide in my word, you are truly my disciples, and you will know the truth, and the truth will set you free." (John 8:31-32)

PLEASE NOTE:

The contents of this booklet are the result of many one-on-one sessions, in which lives have been dramatically changed. The process has developed guided by the Holy Spirit to set His people free. It simply brings us back to order and puts us under His rule again.

There isn't much detail in here of how it happens, or why it happens. The reason for this is simple, this is meant to be a practical guide that leads to an immediate result. You must be set free.

If you are carrying a heavy load, allow HIM to take it from you. That is why He came. Allow

these words to lead you step by step into a new level of freedom back into His arms. They will set you free and completely change your life.

Remember, your FREE WILL is what allows you to be bound therefore choose to submit your free will to God, come under His rule and you will be free.

SUGGESTED USE:

Work through the following steps with an expectation that you will be free indeed.

These steps should be read aloud except for the sections in italics which are for your guidance and instruction.

During steps 4, 5 and 6 a rearrangement will be taking place in your spirit, heaven is fighting on your behalf. As a result, you may feel some kind of movement or sensation in your body especially around the area of your abdomen, heaven is coming in and hell is going out. Do not be concerned if there is a feeling of discomfort or pain during this time. Do not focus on these feelings, look at Jesus and focus on Him. Wait for everything to subside before continuing.

Step 1

Repentance

Repentance is not only about being sorry for what we have done. We must change our mind and decide that we don't ever want to do it again.

Dear Lord Jesus, I come to you, just as I am. Jesus, I repent of my old way of thinking which does not line up with You. This means I change my mind. I make a decision right now to reject my old way of thinking and to line up with You and Your Word.

Today I make up my mind, it is my decision. I have decided Lord that from now on I line up with You. I line up my thoughts with Your thoughts, my words with Your Word and my ways with Your Way.

Jesus, I repent of every evil word that I have spoken over myself or anyone else, in the name of Jesus I cancel those words now.

In the name of Jesus I break every curse and every contract that is coming against me. In the name of Jesus I bind every spirit that is connected to those curses and contracts and I cast them away. I bind you and send you to the pit, never to return.

In the name of Jesus I break every stronghold and bondage in my life.

You are the Way, Jesus, You are the Truth, and You are the Life. (*John 14:6*)

Step 2

Forgiveness

ASKING FOR FORGIVENESS

Jesus, I ask you to forgive me all of my sins. I believe you forgive me. I accept your forgiveness. I receive your forgiveness now.

Wait for the peace to come.

You paid the price Lord, IT IS FINISHED. (John 19:30)

FORGIVING OTHERS

"If you do not forgive those who sin against you, your heavenly Father will not forgive you" (Matthew 6:15)

Forgiveness is the entrance to receiving. When you forgive, the windows of heaven are opened and you are now free to receive every good thing that God has for you. You are not responsible for the process, you are responsible for the decision. Decide to forgive and God will take over. His Holy Spirit will then work in you, to release you from captivity.

Jesus, I now wish to share that forgiveness with others by the power of the Holy Spirit. I forgive every person in my life that has hurt me in any way, I release them from bondage, I make peace with them today by the power of the Holy Spirit.

Wait until you feel that you have forgiven.

Often, someone will come to mind who still needs to be forgiven. At this point, it is beneficial to stop and complete the process as follows:

Imagine that person standing in front of you; imagine Jesus wrapping his arms around that person.

Now say these words:

I love you with the love of the Lord. God loves you and I choose to forgive you, because the love of God is poured out in my heart through the Holy Spirit and His way is love. I love you, God bless you.

Pause and reflect on this process of forgiveness to see if it has brought about a release. When you feel the release, this is an indication that you have forgiven.

FORGIVING MYSELF

Most of all Jesus, I forgive myself for everything I have done to hurt myself and others, I forgive myself right now. I release myself from bondage, I make peace with myself today, by the power of the Holy Spirit. The peace of God, that surpasses all understanding, is guarding my heart and my

mind in Christ Jesus. (Philippians 4:7)

Step 3

Make Jesus Lord

Jesus, today I commit myself to you. There is no turning back. I place you on the throne of my life. Take over. Not my will, but Your Will be done in all things (*Luke 22:42*). Let it be done to me according to Your word. (*Luke 1:38*). Take my life and make something beautiful of it. Use me for Your Glory, so that when they see me, they recognise you Jesus.

Praise you Jesus. Thank you Jesus.

Keep praising and thanking Jesus until you feel you have put HIM on the throne of your life.

Step 4

Choose Life

During steps 4, 5 and 6 a rearrangement will be taking place in your spirit, heaven is fighting on your behalf. As a result, you may feel some kind of movement or sensation in your body especially around the area of your abdomen, heaven is coming in and hell is going out. Do not be concerned if there is a feeling of discomfort or pain during this time. Do not focus on these feelings, look at Jesus and focus on Him. Wait for everything to subside before continuing.

The choice for life is very important. God is the source of life. Doing God's will leads to life. Everytime you choose life, you choose God and His will for your life.

Now choose to activate your free will. In Deuteronomy 30:19, God says:

"I set before you life and death, blessings and curses. Therefore choose life, so that you and your descendants may live." (*Deuteronomy 30:19*)

Now say:

I CHOOSE LIFE!

When you choose life a change will begin to take place in your spirit as mentioned above.

Step 5

Apply the Blood

You overcome Satan when you testify to what the Word of God says the Blood of Jesus has done for you:

By the blood of Jesus, I am redeemed out of

the hand of the Satan. (Revelation 12:11; Psalm 107:2; John 16:33).

By the blood of Jesus, I am forgiven. My sins are thrown as far as the east is from the west. (*Ephesians 1:7; Psalm 103.12; Romans 3:24*)

By the blood of Jesus, I am cleansed, washed whiter than snow. (*Psalm 51.7; Isaiah 1.18; 1 John 1:7*)

By the blood of Jesus, I am justified, made righteous, just as if I had never sinned. (Romans 5:9; 2 Corinthians 5:21; Ephesians 2:13; Romans 8:1)

By the blood of Jesus, I am sanctified, made holy, set apart to God. (*Hebrews 13:12*)

By the blood of Jesus, I have boldness to enter into the presence of God. (*Hebrews 10:19; Hebrews 4:16; Ephesians 3:12; Hebrews 9:12*)

The blood of Jesus cries out continually to God in heaven on my behalf. (*Hebrews 12:24; 1 Timothy 2:5; Hebrews 9:15*)

I release the blood of Jesus into my mind, into my body, into my spirit and into my soul. The blood of Jesus is washing, cleansing and purifying.

The blood of Jesus is dissolving every weapon that the enemy has used for my destruction.

Keep the directions given at the beginning of Step 4 in mind at this time.

Step 6

Release Resurrection Life

The Resurrection Life is the life that you receive as a result of Jesus' resurrection from the dead

I release Resurrection Life into my mind, into my body, into my spirit and into my soul. The Resurrection Life is healing every wound in my soul.

Allow the Spirit to continue to work in you at this time as mentioned in Step 4.

"In Him is life, and this life is the light of men" (John 1:4)

"And if the Spirit of him who raised Jesus from the dead is living in you, he who raised Christ from the dead will also give life to your mortal bodies because of his Spirit who lives in you" (Romans 8:11)

Step 7

BE SET FREE.

"Who the Lord sets free, is free indeed" (*John* 8:36)

Word of Thanks

I would like to thank Linda Schubert, author of Miracle Hour (1997), for her inspiration behind this prayer booklet.

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